



Lindsey Wilson College Cycling Team

Road Race Weekend

March 6-7, 2010

RACE HELD RAIN OR SHINE



MIDWEST COLLEGIATE CYCLING CONFERENCE

HELD UNDER USA CYCLING PERMIT

Schedule for Saturdays Races (Stage 1 & 2)

| <i>Time Trial</i> | <i>Distance</i> | <i>Start Time CST</i> |
|----------------------|-----------------|-----------------------|
| <i>First rider</i> | <i>20Km</i> | <i>8:00 A.M.</i> |
| <i>Road Race</i> | <i>Distance</i> | <i>Start Time CST</i> |
| <i>Men's A</i> | <i>75 miles</i> | <i>12:00</i> |
| <i>Men's B</i> | <i>50 miles</i> | <i>12:05</i> |
| <i>Women's A</i> | <i>50 miles</i> | <i>12:10</i> |
| <i>Men's C</i> | <i>25 miles</i> | <i>12:15</i> |
| <i>Men's D/Intro</i> | <i>25 miles</i> | <i>12:20</i> |
| <i>Women's B/C</i> | <i>25 miles</i> | <i>12:25</i> |
| <i>Intro</i> | | |

Stage One: Time Trial

Course: 20 km out and back with very slight rolling hills.

Starts: First rider will go off at 8:00 am. Registration will start at 7:00am CST. The order of riders will be based on order of registration.

Fee: \$13

* General Classification Points will be awarded to the first 20 finishers in each respective category.

Stage Two: Road Race

Course: A 25 mile loop of scenic Kentucky country side with a couple large climbs.

Start: First Group will go off at 12 noon CST.

Fee: \$13

Courses are roughly 20 minutes apart, so plan your drive accordingly!

Schedule for Sundays races (Stage 3)

| <i>Criterionum</i> | <i>Distance</i> | <i>Start Time CST</i> |
|--------------------|-----------------------|-----------------------|
| <i>Women's B/C</i> | <i>30 min +2 Laps</i> | <i>9:00 am</i> |
| <i>Men's D</i> | <i>30 min +2 Laps</i> | <i>9:45 am</i> |
| <i>Men's C</i> | <i>30 min +2 Laps</i> | <i>10:30 am</i> |
| <i>Men's B</i> | <i>45 min +2 Laps</i> | <i>11:15 am</i> |
| <i>Women's A</i> | <i>45 min +2 Laps</i> | <i>12:15 pm</i> |
| <i>Men's A</i> | <i>60 min +2 Laps</i> | <i>1:15 pm</i> |

Stage Three: Criterionum

Course: Will be located at Adair County High School . The course will be completely closed and include a slight hill that spans about 1km. It is a four corner rectangular course.

Start: First race will go off at 9:00am

Entry Fees

\$13.00 per race...No Refunds

USCF or NCCA licenses will be required! You will be able to purchase a one day license.

Scoring

Conference points will be awarded as usual. However, this race is a stage race, so after the all the events the top 20 scores will be tabulated and the top 3 riders will receive a special Blue Raider award! Omnium points will not go toward conference points. The stage race is just an event at Lindsey Wilson College to have fun.

Directions To The LWC Road Race Venues

Time Trial: Kelleyville Church

77 Kellyville Rd
Columbia , KY 42728

Garmin coordinates:

N37*11'53.0"

W85*19'30.3"

Or

N 37*11.883

W85*19.505'

Road Race: Will start at the corner of Hwy 206 and Little Cake Rd. Near the Purdy Church. Church is approximately 7 miles past Lindsey Wilson College on Hwy 206.

Garmin Coordinates:

N 37.14883

W 85.19336

Or

N 37*8'55.8"

W 85*11'36.1"

Criterionum: Adair County High School

526 Indian Drive

Columbia , KY 42728

Lodging:

Best Western Columbia Inn 270-384-9744

Dreamland Motel: 270-384-2131

Holiday Inn Express Campbellsville (20 min away) 270) 465-2727

Best Western Campbellsville (20 min away) (270) 465-7001

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